



802 – 1425 West 6th Avenue
Vancouver BC V6H 4G5 Canada
1-778-838-R41P

Small Steps Add Up
www.RunForOnePlanet.com

Book Matt & Steph to Speak to Your Group!

Matt Hill

Matt@RunForOnePlanet.com

Steph Tait

Steph@RunForOnePlanet.com

Co-Founders / Ultra-Marathoners

www.RunForOnePlanet.com



Matt & Steph had a dream to inspire a continent by conquering an unfathomable expedition, in a way that had never been done before.

In 2006 they co-founded Run for One Planet to "inspire environmental action, one step at a time". Starting May 4th 2008, they ran across Canada & around the perimeter of America, totaling 11,000 miles, doing over 420 marathons as a dynamic running duo.

While running a marathon each almost every day, they lead a team of over 30 people spread across the continent, spoke to over 30,000 kids, in more than 220 presentations, garnering sponsorship across the continent, destroying 30 pairs of ASICS, burning over 3 million calories, and raising over \$130,000 for their Legacy Fund for Kids.

On May 8th 2009 - now officially proclaimed "Run for One Planet Day" in the City of Vancouver - they completed the expedition.

Run for One Planet is now partnered with the [Vancouver Foundation](http://www.vancouverfoundation.org) - Canada's largest, and one of North America's oldest, community foundations - to ensure our Legacy lives on in perpetuity.

Their leadership of this unprecedented expedition now allows them to present keynotes and workshops at Health, Fitness & Leadership Conferences across the continent.

